

WEEK IN THE LIFE: REBECCA WYNN



PARTNERSHIP, COMMUNICATION KEY TO CISO'S SUCCESS



REBECCA WYNN
HEAD OF INFORMATION
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I am the Head of Information Security at Matrix Medical Network (Matrix) in Scottsdale, AZ. Matrix provides in-home assessments and comprehensive care management services to health plan members that improve their health outcomes. Using an advanced technology platform, Matrix providers visit with health plan members in their homes to obtain a deeper understanding about how to best support the members' care needs. Matrix partners with leading health plans across the country.

And I am responsible for leading the overall security strategy, security architecture development, and security programs to ensure compliance with industry standards including SOX, HIPAA, HITECH, and HITRUST CSF requirements, and to manage corporate security risks.

Being Matrix's' most senior security team member, I have enterprise-level responsibility for all data, security planning, implementation and overall security operations. Additionally, I lead the crafting, implementation, and continual testing and improvement of a comprehensive security program, in order to ensure that Matrix has taken all steps to secure its customer and business data.

The key to getting projects successfully completed on time and on budget is PARTNERSHIP. I quickly sync with the C-Suite and other top leaders in the company. I've done all the "geeky" things, so naturally, I want to fix things. Matrix leadership members have strong business and strategic backgrounds; and like me, they're committed to excellence.

This is what a typical single day's work looks like for me:

- Starts at 6:30 AM where I immediately look at the threat landscape for Matrix. Then I look at emails and answer anything that is critical.
- By 8 AM, I have prepared my vegan protein shake and I am heading to the office which is usually a 30 minute drive. I enjoy that time as I pray/reflect and listen to Family Life Radio.

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- By 9 AM, I am having morning sync meetings with the VP Infrastructure, IT Network Manager, IT Support Services Manager, and my security team.
- By 11 AM, normally I am reviewing legal documents, vendor risk assessments, having compliance meetings, meeting with project managers, and account managers.
- Oops... another day that I forgot about lunch!...one serving of nuts and some tea, and I am all set

- In the mid-afternoon, I usually find myself connecting with human resources, procurement, software development, meetings with vendors who want our business, looking at reports, and answering security team questions.



- Quickly it is 6 PM and I finally notice that most of the employees have headed home. This is a great time for me to meet on various projects on my security debt with directors, vice presidents, and C-Suite who are finishing their workday but open to discussions. Like me they are energized and forget about time.
- I normally try to get home between 7-7:30 PM where I get something to eat and jump back online. This time answering critical business emails, prepare corporate presentations, read/answer personal emails, requests to speak at events or write articles, and answer peer questions from LinkedIn.
- I try to get offline by 9 PM.
- I like to work out after my day is completed so sometime between 9-10 PM is when you will find me at the gym or outside for a long walk.
- Bedtime is usually around 11 PM, but I am known for getting re-energized and going back to work for a couple of hours.
- Repeat the pattern throughout the work week.

* I do play trombone during the music seasons in the fall and spring here locally. I play with the South Mountain Latin Jazz Band and the Scottsdale Concert Band. So, there are two nights during the season that I take a detour for a couple of hours each night and make beautiful music with my fellow musicians.

One of the key pillars to successful partnership within an organization and leadership for those in your charge is communication. Here's how I see that all-important business-critical function.

My communication framework:

- Communicate regularly, and in person when possible
- Be respectful of each position and its responsibilities
- Be ingrained in the business
- Avoid spreading fear without solutions
- Be immersed with the new technology
- Know the ever-changing threat landscape
- Learn to accept and embrace manageable risk
- Learn to protect data while enabling the business to run
- Know your scope, and your boundaries
- Be clear on the priorities

My recommendation is to do what you love and if you are in an enterprise setting, work for a company that appreciates and will let you grow your talents. Talents are naturally developed when they are nurtured. Living a life with core values and supporting the things, which are important for us, will give us the possibility to feel our aptitudes in a more effective way. When we are true to ourselves, we discover more than we expect. Don't settle for not being the best you can be. I don't.